New York’s Rank: **15th out of 51 States** (including Washington D.C)

New York’s Score: **55.75 out of 100 Points**

---

**ABOUT KSI**

In the past ten years, 222 children have died from sports related injuries while participating in organized high school athletics. Some of the most common causes of death in sports are sudden cardiac arrest, exertional heat stroke, and traumatic head injury.

The Korey Stringer Institute is dedicated to preventing sudden death in sports. Recently KSI has published a study that ranked states by their health and safety policies according to best practices established by panels of experts in the field.

Our mission is to inform parents, coaches, and community members about the steps that New York State Public High School Athletic Association (NYSPHSAA) and New York’s legislators have taken to protect athletes.

---

**Ranks and Scores are accurate as of August 2019**

---

In the past ten years, 222 children have died from sports related injuries while participating in organized high school athletics. Some of the most common causes of death in sports are sudden cardiac arrest, exertional heat stroke, and traumatic head injury.

The Korey Stringer Institute is dedicated to preventing sudden death in sports. Recently KSI has published a study that ranked states by their health and safety policies according to best practices established by panels of experts in the field.

Our mission is to inform parents, coaches, and community members about the steps that New York State Public High School Athletic Association (NYSPHSAA) and New York’s legislators have taken to protect athletes.

---

**Definitions:**

AHCC (Appropriate Healthcare Coverage), EHS (Exertional Heat Stroke), EP (Emergency Preparedness), SCA (Sudden Cardiac Arrest), THI (Traumatic Head Injuries)
New York and Emergency Preparedness

New York leads the nation when it comes to appropriate healthcare coverage and sudden cardiac arrest, while also performing well in exertional heat stroke!

However, New York has room to grow with traumatic head injuries and emergency preparedness.

Emergency Action Plans are written documents outlining the steps involved in saving lives. Improving policies in this area will move New York into 6th place according to current rankings!

Emergency Action Plans are concrete, written plans that reduce critical delays in care for catastrophic injuries.

Emergency Preparedness Policies

What Can You Do?

Reach out to the New York State Public High School Athletic Association (NYSPHSAA). Make sure the officials responsible for student-athlete safety are using best practices.

NYSPHSAA Executive Director
Robert Zayas
Email: rzayas@nysphsaa.org

NYSPHSAA Assistant Director
Todd Nelson
Email: tnelson@nysphsaa.org

NYSPHSAA Assistant Director
Joe Altieri
Email: altieri@nysphsaa.org

Policies Currently in Place for New York

Policy 1EP: Coaching education required as part of coaching certification on topics relating to preventing sudden death in sport
Policy 2EP: CPR/AED and First Aid training required for all coaches

Possible Improvements for New York

Policy 1E: Every school or organization that sponsors athletics should develop an EAP specifically for managing serious and/or potentially life-threatening sport-related injuries (athletics emergency action plan AEAP)
Policy 2E: The AEAP should be developed and coordinated with local EMS, school public safety officials, on site medical personnel or school medical staff, and school administrators
Policy 3E: Every school should distribute the AEAP to all athletics staff members
Policy 4E: The AEAP should be specific to each venue (including maps, directions, etc.)
Policy 5E: On-site emergency equipment that may be needed in an emergency situation should be listed
Policy 6E: The AEAP should identify personnel and their responsibilities to carry out the plan of action with a designated chain of command
Policy 7E: Appropriate contact information for EMS
Policy 8E: Plan should specify documentation actions that need to be taken post emergency