Kentucky’s Rank: 4th out of 51 States (including Washington D.C)

Kentucky’s Score: 71.13 out of 100 Points

ABOUT KSI

In the past ten years, 222 children have died from sports related injuries while participating in organized high school athletics. Some of the most common causes of death in sports are sudden cardiac arrest, exertional heat stroke, and traumatic head injury.

The Korey Stringer Institute is dedicated to preventing sudden death in sports. Recently KSI has published a study that ranked states by their health and safety policies according to best practices established by panels of experts in the field.

Our mission is to inform parents, coaches, and community members about the steps that Kentucky High School Athletics Association (KHSAA) and Kentucky’s legislators have taken to protect athletes.

Ranks and Scores are accurate as of August 2019

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<th>Strengths</th>
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<td>Emergency Preparedness</td>
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<td>Exertional Heat Stroke</td>
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Definitions:
AHCC (Appropriate Healthcare Coverage), EHS (Exertional Heat Stroke), EP (Emergency Preparedness), SCA (Sudden Cardiac Arrest), THI (Traumatic Head Injuries)
What Can You Do?

Reach out to the Kentucky High School Athletics Association (KHSAA). Make sure the officials responsible for student-athlete safety are using best practices.

KHSAA Commissioner
Julian Tackett
Email: jtackett@khsaa.org

KHSAA Associate Commissioner
Butch Cope
Email: bcope@khsaa.org

KHSAA Assistant Commissioner
Mike Barren
Email: mbarren@khsaa.org

Kentucky and Traumatic Head Injuries

Every Day 153 People Die From Traumatic Brain-Related Injuries.

Traumatic Head Injury Policies

Possible Improvements for Kentucky

Policy 1THI: Heads up Football training for football coaches
Policy 2THI: Heads up Football Training for all coaches
Policy 5THI: Athletes are not permitted to return to play until they fully return to school