



Idaho's Rank: **36th out of 51 States** (including Washington D.C)

Idaho's Score: **46.00 out of 100 Points**

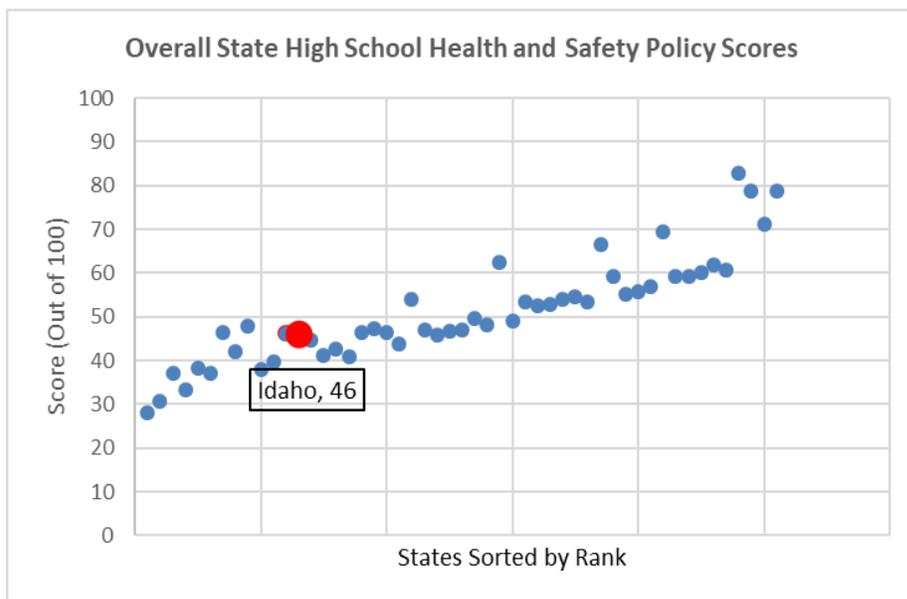
ABOUT KSI

In the past ten years, 222 children have died from sports related injuries while participating in organized high school athletics. Some of the most common causes of death in sports are sudden cardiac arrest, exertional heat stroke, and traumatic head injury.

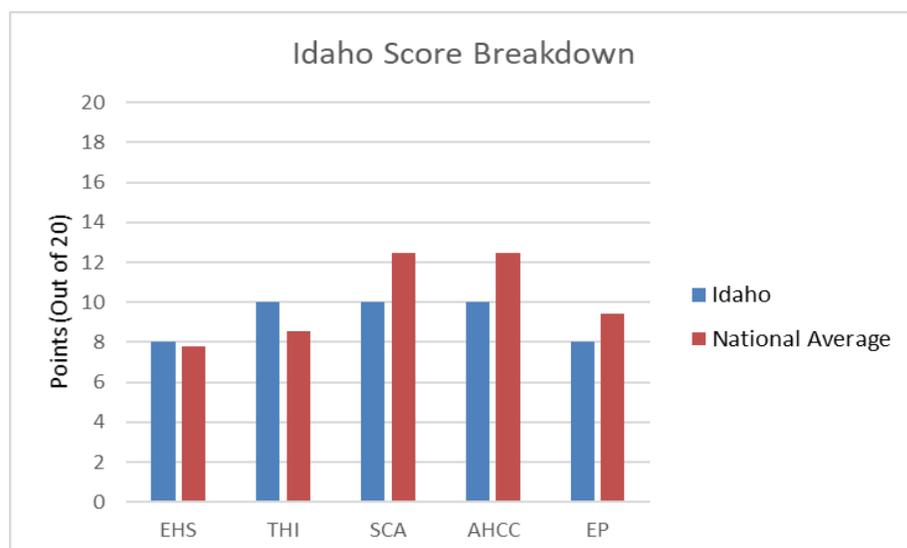
The Korey Stringer Institute is dedicated to preventing sudden death in sports. Recently KSI has published a study that ranked states by their health and safety policies according to best practices established by panels of experts in the field.

Our mission is to inform parents, coaches, and community members about the steps that Idaho High School Activities Association (IHSA) and Idaho's legislators have taken to protect athletes.

Ranks and Scores are accurate as of August 2019



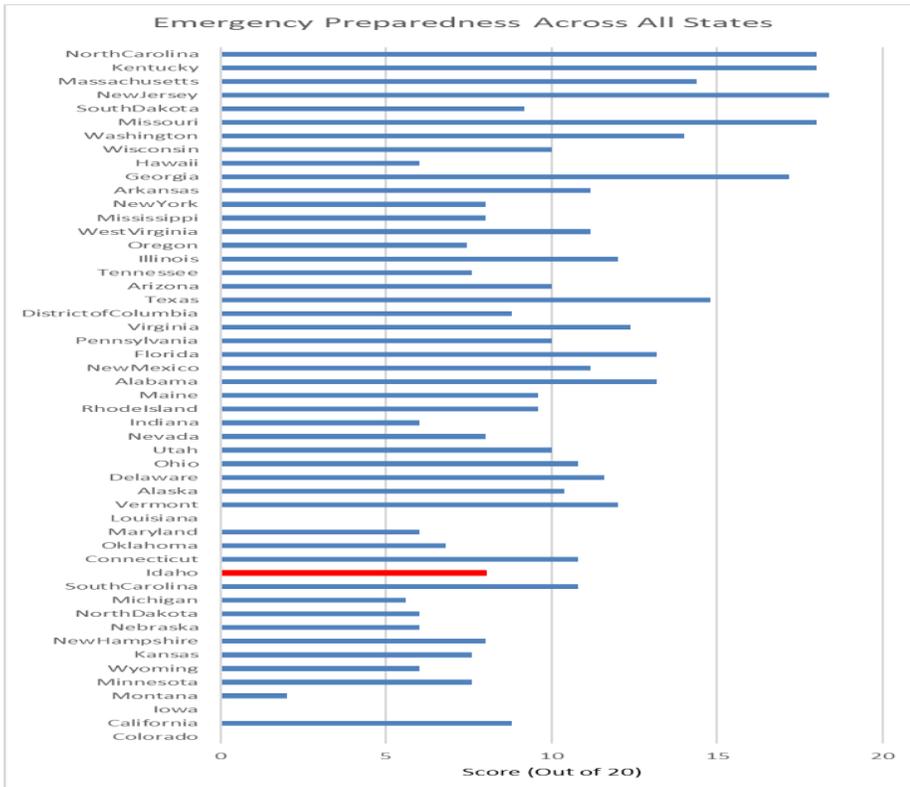
Strengths	Areas for Improvement
<ul style="list-style-type: none"> Traumatic Head Injuries Exertional Heat Stroke 	<ul style="list-style-type: none"> Emergency Preparedness Healthcare Coverage Sudden Cardiac Arrest



Definitions:

AHCC (Appropriate Healthcare Coverage), EHS (Exertional Heat Stroke), EP (Emergency Preparedness), SCA (Sudden Cardiac Arrest), THI (Traumatic Head Injuries)

Idaho and Emergency Preparedness



Idaho performs extremely well in Traumatic Head Injuries and around the national average for Exertional Heat Stroke

Idaho has the most room to improve in Emergency Preparedness, Appropriate Healthcare Coverage, and Sudden Cardiac Arrest.

Emergency Preparedness is the area where Idaho falls farthest below the national average. By passing policies Idaho can increase its ranking from 36th to 14th according to current data!

Emergency Action Plans are concrete written plans that **reduce critical delays** in care of catastrophic injuries.

Emergency Action Plan Policies

What Can You Do?

Reach out to the Idaho High School Activities Association (IHSAA). Make sure the officials responsible for student-athlete safety are using best practices.

IHSAA Executive Director
Ty Jones
Email: jonest@idhsaa.org

IHSAA Assistant Director
Julie Hammons
Email: hammonsj@idhsaa.org

IHSAA Assistant Director
Mike Federico
Email: federicom@idhsaa.org

Policies Currently in Place for Idaho

Coaching education required as part of coaching certification on topics related to preventing sudden death in sport

CPR/AED and First aid training are required for all coaches

Possible Improvements for Idaho

Policy 1E: Every school or organization that sponsors athletics should develop an EAP specifically for managing serious and/or potentially life-threatening sport-related injuries (athletics emergency action plan AEAP)

Policy 2E: The AEAP should be developed and coordinated with local EMS, school public safety officials, on site medical personnel or school medical staff, and school administrators

Policy 3E: Every school should distribute the AEAP to all athletics staff members

Policy 4E: The AEAP should be specific to each venue (including maps, directions, etc.)

Policy 5E: On-site emergency equipment that may be needed in an emergency situation should be listed

Policy 6E: The AEAP should identify personnel and their responsibilities to carry out the plan of action with a designated chain of command

Policy 7E: Appropriate contact information for EMS

Policy 8E: Plan should specify documentation actions that need to be taken post emergency

Policy 9E: AEAP should be reviewed and rehearsed annually by all parties involved

Policy 10E: Healthcare professionals who will provide medical coverage during games, practices, or other events should be included