

July 2018 Summary of Changes

Ranking at the time of this update:

Rank	State	Score(%)	Rank	State	Score(%)
1	New Jersey	79.026	27	Alaska	47.4
2	North Carolina	78.75	28	Alabama	47.2
3	Massachusetts	71.4	29	Maine	47.1
4	Kentucky	71.125	30	Nevada	47
5	Missouri	62	31	Rhode Island	46.725
6	South Dakota	60.575	32	Vermont	46.375
7	Washington	60	33	Kansas	46.35
8	Wisconsin	59.125	34	Indiana	46
9	Hawaii	59.125	35	Delaware	45.725
10	Georgia	56.975	36	South Carolina	44.175
11	Arkansas	56.825	37	Ohio	43.925
12	New York	55.75	38	Idaho	43
13	Mississippi	55.25	39	Maryland	42.625
14	West Virginia	54.325	40	Louisiana	41
15	Oregon	53.592	41	Connecticut	40.801
16	Virginia	53.4	42	Oklahoma	40.5
17	Illinois	53.375	43	Michigan	39.725
18	Tennessee	52.725	44	Minnesota	38.35
19	Arizona	52	45	North Dakota	38
20	Texas	50.8	46	Iowa	37
21	District of Columbia	50.55	47	Wyoming	37
22	Utah	50	48	New Hampshire	36
23	Pennsylvania	49	49	Montana	33.25
24	Florida	48.25	50	California	26
25	New Mexico	48.075	51	Colorado	23
26	Nebraska	47.75			

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State	Old Rank	New Rank	Old Points	New Points	Change Score	Areas Changed
New Jersey	4	1	67.03	79.025	11.996	<p><i>Exertional Heat Stroke</i></p> <ul style="list-style-type: none"> • Cold Water Immersion tubs for onsite cooling for all warm weather practices • If exertional heat stroke is suspected, onsite cooling using cold water immersion before transport to the hospital <p><i>Emergency Preparedness</i></p> <ul style="list-style-type: none"> • Conditioning periods should be phased in gradually and progressively to minimize risk of injury during transitional periods. Also, Introduce new conditioning activities gradually, especially during the early stages of a conditioning program • Exercise and conditioning activities are not permitted to be used as punishment • Requires appropriate supervision (i.e., coach certified in CPR/First Aid with education on the prevention of sudden death in sport or an Athletic Trainer onsite) <p><i>Traumatic Head Injuries</i></p> <ul style="list-style-type: none"> • 7. No child/adolescent should return to sport/activity unless he/she has managed to return to school • 8. Implementation of a graduated return to participation protocol following the Zurich guidelines with at least 5 steps
South Carolina	40	34	39.8	46.175	6.375	<p><i>Exertional Heat Stroke – Environmental Monitoring</i></p> <ul style="list-style-type: none"> • 1. State requires all schools to have a heat modification policy • 2. The recommended heat policy is based off of WBGT • 4. The environmental conditions guidelines are based off of epidemiological data specific to that state/region (for bigger states a more comprehensive analysis may be needed) • 5. The heat policy has at minimum 4 levels of modification, including the modification of practice time • 6. Policy includes modification of equipment (if applicable to the sport) • 7. Policy includes modification of work:rest ratios, including unrestricted access to fluids • 8. Policy mentions the use of a shaded area for rest breaks
Minnesota	46	47	35	37	2	<p><i>Appropriate Health Care Coverage</i></p> <ul style="list-style-type: none"> • Athletic Trainer Licensure