New York’s Rank: **12th out of 51 States** (including Washington D.C)

New York’s Score: **55.75 out of 100 Points**

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**ABOUT KSI**

In the past ten years, 222 children have died from sports related injuries while participating in organized high school athletics. Some of the most common causes of death in sports are sudden cardiac arrest, exertional heat stroke, and traumatic head injury.

The Korey Stringer Institute is dedicated to preventing sudden death in sports. Recently KSI has published a study that ranked states by their health and safety policies according to best practices established by panels of experts in the field.

Our mission is to inform parents, coaches, and community members about the steps that New York State Public High School Athletic Association (NYSPHSAA) and New York’s legislators have taken to protect athletes.

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**Definitions:**
- AHCC (Appropriate Healthcare Coverage)
- EHS (Exertional Heat Stroke)
- EP (Emergency Preparedness)
- SCA (Sudden Cardiac Arrest)
- THI (Traumatic Head Injuries)

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Ranks and Scores are accurate as of June 2018
New York and Emergency Preparedness

**Emergency Action Plans** are concrete, written plans that reduce critical delays in care for catastrophic injuries.

**Emergency Preparedness Policies**

### What Can You Do?

Reach out to the New York State Public High School Athletic Association (NYSPHSAA). Make sure the officials responsible for student-athlete safety are using best practices.

**NYSPHSAA Executive Director**
Robert Zayas
Email: rzayas@nysphsaa.org

**NYSPHSAA Assistant Director**
Todd Nelson
Email: tnelson@nysphsaa.org

**NYSPHSAA Assistant Director**
Joe Altieri
Email: altieri@nysphsaa.org

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New York leads the nation when it comes to appropriate healthcare coverage and sudden cardiac arrest, while also performing well in exertional heat stroke!

However, New York has room to grow with traumatic head injuries and emergency preparedness.

Emergency Action Plans are written documents outlining the steps involved in saving lives. Improving policies in this area will move New York into 3rd place according to current rankings!

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### Policies Currently in Place for New York

**Policy 1EP:** Coaching education required as part of coaching certification on topics relating to preventing sudden death in sport

**Policy 2EP:** CPR/AED and First Aid training required for all coaches

### Possible Improvements for New York

**Policy 1E:** Every school or organization that sponsors athletics should develop an EAP specifically for managing serious and/or potentially life-threatening sport-related injuries (athletics emergency action plan AEAP)

**Policy 2E:** The AEAP should be developed and coordinated with local EMS, school public safety officials, on site medical personnel or school medical staff, and school administrators

**Policy 3E:** Every school should distribute the AEAP to all athletics staff members

**Policy 4E:** The AEAP should be specific to each venue (including maps, directions, etc.)

**Policy 5E:** On-site emergency equipment that may be needed in an emergency situation should be listed

**Policy 6E:** The AEAP should identify personnel and their responsibilities to carry out the plan of action with a designated chain of command

**Policy 7E:** Appropriate contact information for EMS

**Policy 8E:** Plan should specify documentation actions that need to be taken post emergency