Minnesota’s Rank: **48th out of 51 States** (including Washington D.C)

Minnesota’s Score: **33.35 out of 100 Points**

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**ABOUT KSI**

In the past ten years, 222 children have died from sports related injuries while participating in organized high school athletics. Some of the most common causes of death in sports are sudden cardiac arrest, exertional heat stroke, and traumatic head injury.

The Korey Stringer Institute is dedicated to preventing sudden death in sports. Recently KSI has published a study that ranked states by their health and safety policies according to best practices established by panels of experts in the field.

Our mission is to inform parents, coaches, and community members about the steps that Minnesota State High School League (MSHSL) and Minnesota’s legislators have taken to protect athletes.

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Ranks and Scores are accurate as of June 2018

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**Definitions:**

AHCC (Appropriate Healthcare Coverage), EHS (Exertional Heat Stroke), EP (Emergency Preparedness), SCA (Sudden Cardiac Arrest), THI (Traumatic Head Injuries)
Athletic trainers are healthcare professionals trained in emergency care and the prevention of sudden death in sports.

Specific Appropriate Healthcare Coverage Policies

**What Can You Do?**

Reach out to the Minnesota State High School League (MSHSL). Make sure the officials responsible for student-athlete safety are using best practices.

MSHSL Executive Director
David Stead
Email: dstead@mshsl.org

MSHSL Executive Assistant
Lynne Johnson
Email: ljohnson@mshsl.org

MSHSL Associate Director
Jody Redman
Email: jredman@mshsl.org

**Policies Currently in Place for Minnesota**

**Policy 2 AHCC:** Some Form of Regulation for Athletic Trainers (i.e. Registered)

**Possible Improvements for Minnesota**

**Policy 1 AHCC:** Licensure for Athletic Trainers

**Policy 3 AHCC:** Appropriate healthcare profession required to be onsite at all collision/contact practices and competitions

**Policy 4 AHCC:** Appropriate healthcare profession recommended to be onsite at all collision/contact practices and competitions