



Florida's Rank: **24<sup>th</sup> out of 51 States** (including Washington D.C)

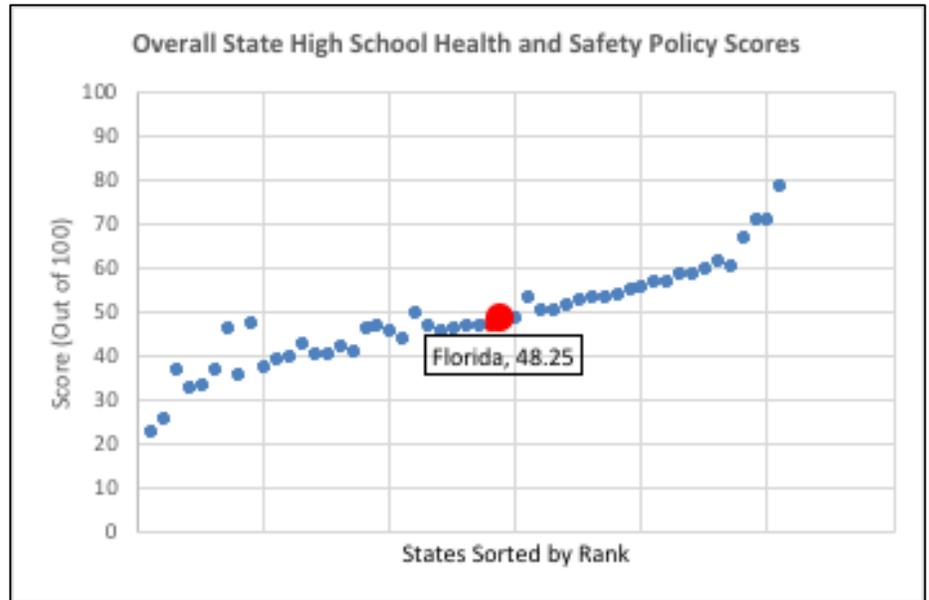
Florida's Score: **48.25 out of 100 Points**

## ABOUT KSI

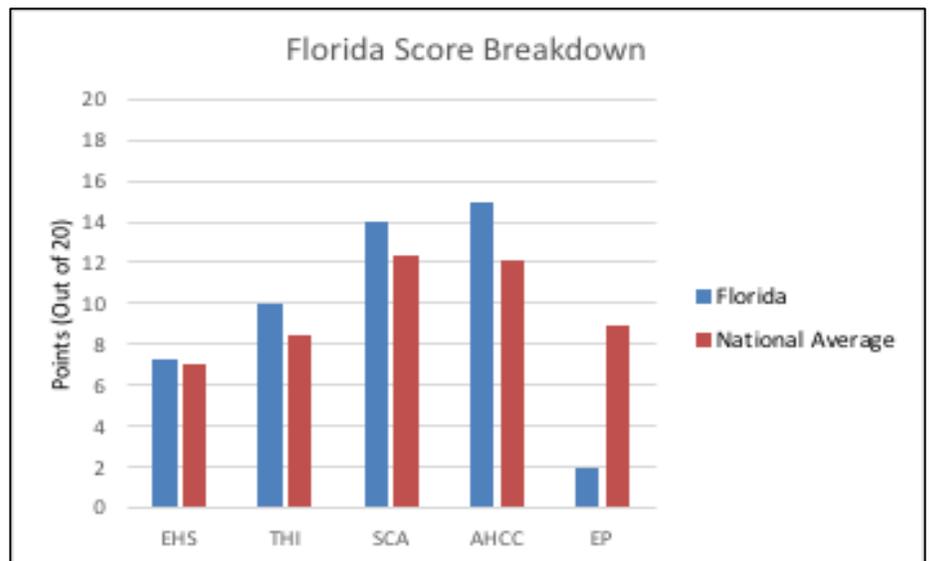
In the past ten years, 222 children have died from sports related injuries while participating in organized high school athletics. Some of the most common causes of death in sports are sudden cardiac arrest, exertional heat stroke, and traumatic head injury.

The Korey Stringer Institute is dedicated to preventing sudden death in sports. Recently KSI has published a study that ranked states by their health and safety policies according to best practices established by panels of experts in the field.

Our mission is to inform parents, coaches, and community members about the steps that Florida High School Athletic Association (FHSA) and Florida's legislators have taken to protect athletes.



Strengths	Areas for Improvement
<ul style="list-style-type: none"> <li>Healthcare Coverage</li> <li>Sudden Cardiac Arrest</li> <li>Traumatic Head Injuries</li> </ul>	<ul style="list-style-type: none"> <li><b>Emergency Preparedness</b></li> <li>Exertional Heat Stroke</li> </ul>

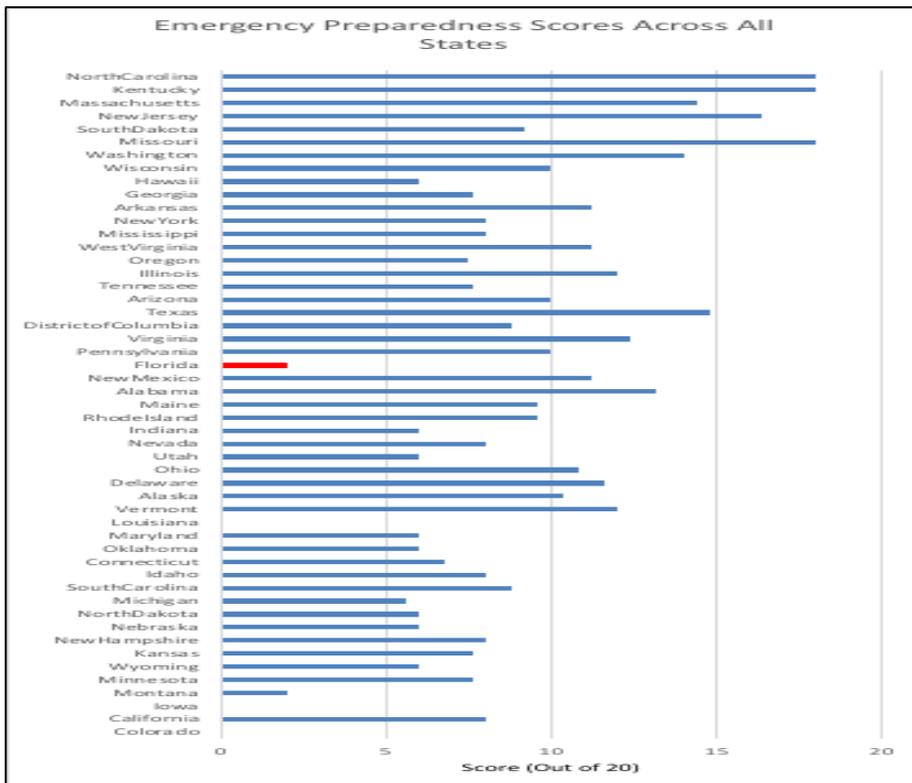


Ranks and Scores are accurate as of June 2018

**Definitions:**

AHCC (Appropriate Healthcare Coverage), EHS (Exertional Heat Stroke), EP (Emergency Preparedness), SCA (Sudden Cardiac Arrest), THI (Traumatic Head Injuries)

# Florida and Emergency Preparedness



Florida leads the nation when it comes to Appropriate Healthcare Coverage, Sudden Cardiac Arrest, and performs well with Traumatic Head Injuries.

Florida has room to improve in Exertional Heat Stroke and Emergency Preparedness.

By focusing its efforts on improvement of Emergency Action Plan policies, Florida can increase its score 18 points and bump up its ranking from 24<sup>th</sup> to 5<sup>th</sup> according to current data.

Emergency Action Plans are concrete written plans that **reduce critical delays** in care of catastrophic injuries.

## Emergency Action Plan Policies

### What Can You Do?

Reach out to the Florida High School Athletics Association (FHSAA). Make sure the officials responsible for student-athlete safety are using best practices.

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### Possible Improvements for Florida

**Policy 1E:** Every school or organization that sponsors athletics should develop an EAP specifically for managing serious and/or potentially life-threatening sport-related injuries (athletics emergency action plan AEAP)

**Policy 2E:** The AEAP should be developed and coordinated with local EMS, school public safety officials, on site medical personnel or school medical staff, and school administrators

**Policy 3E:** Every school should distribute the AEAP to all athletics staff members

**Policy 4E:** The AEAP should be specific to each venue (including maps, directions, etc.)

**Policy 5E:** On-site emergency equipment that may be needed in an emergency situation should be listed

**Policy 6E:** The AEAP should identify personnel and their responsibilities to carry out the plan of action with a designated chain of command

**Policy 7E:** Appropriate contact information for EMS

**Policy 8E:** Plan should specify documentation actions that need to be taken post emergency

**Policy 9E:** AEAP should be reviewed and rehearsed annually by all parties involved

**Policy 10E:** Healthcare professionals who will provide medical coverage during games, practices, or other events should be included