Korey Stringer Institute
University of Connecticut
Preventing sudden death in sport

Delaware's Rank: **35th out of 51 States** (including Washington D.C)

Delaware's Score: **45.73 out of 100 Points**

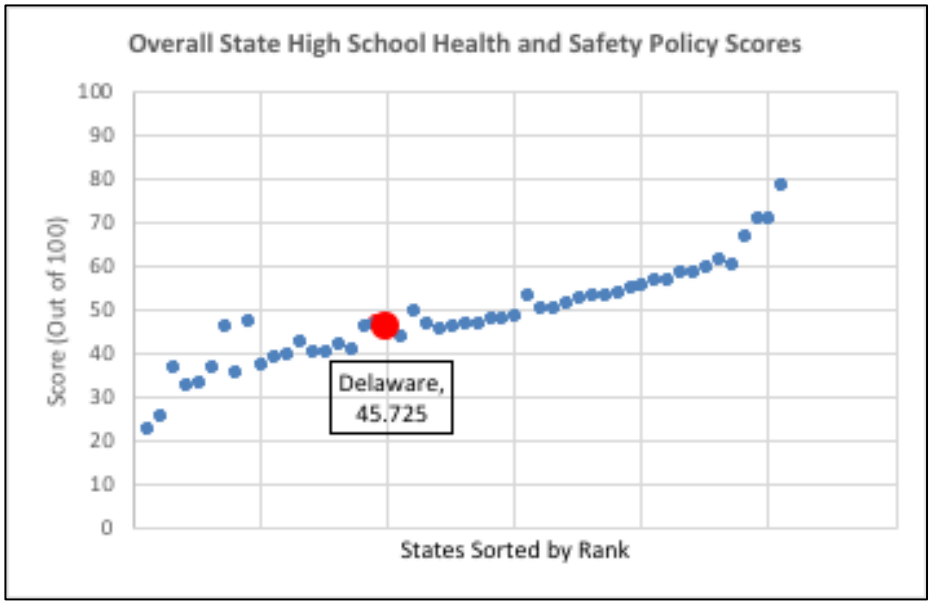
ABOUT KSI

In the past ten years, 222 children have died from sports related injuries while participating in organized high school athletics. Some of the most common causes of death in sports are sudden cardiac arrest, exertional heat stroke, and traumatic head injury.

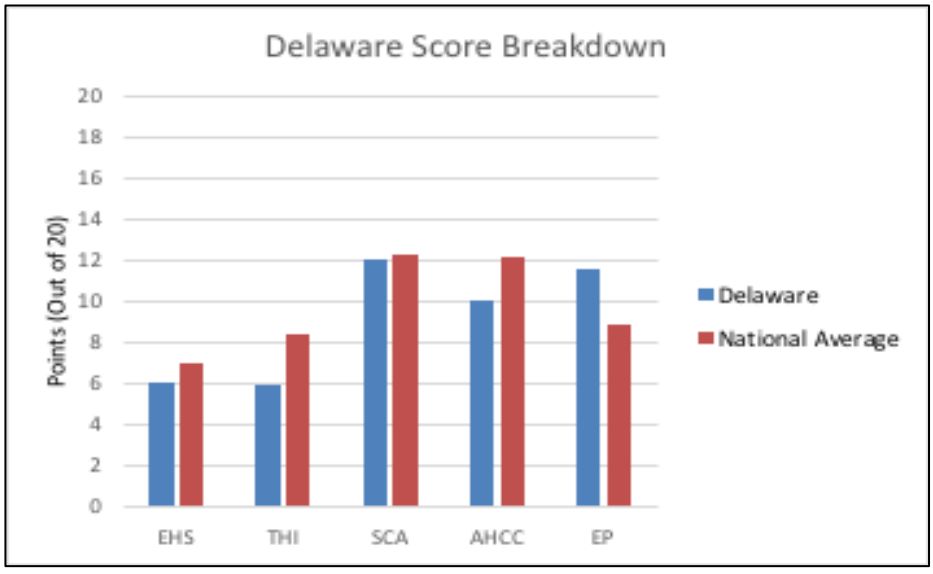
The Korey Stringer Institute is dedicated to preventing sudden death in sports. Recently KSI has published a study that ranked states by their health and safety policies according to best practices established by panels of experts in the field.

Our mission is to inform parents, coaches, and community members about the steps that Delaware Interscholastic Athletic Association (DIAA) and Delaware's legislators have taken to protect athletes.

Ranks and Scores are accurate as of June 2018

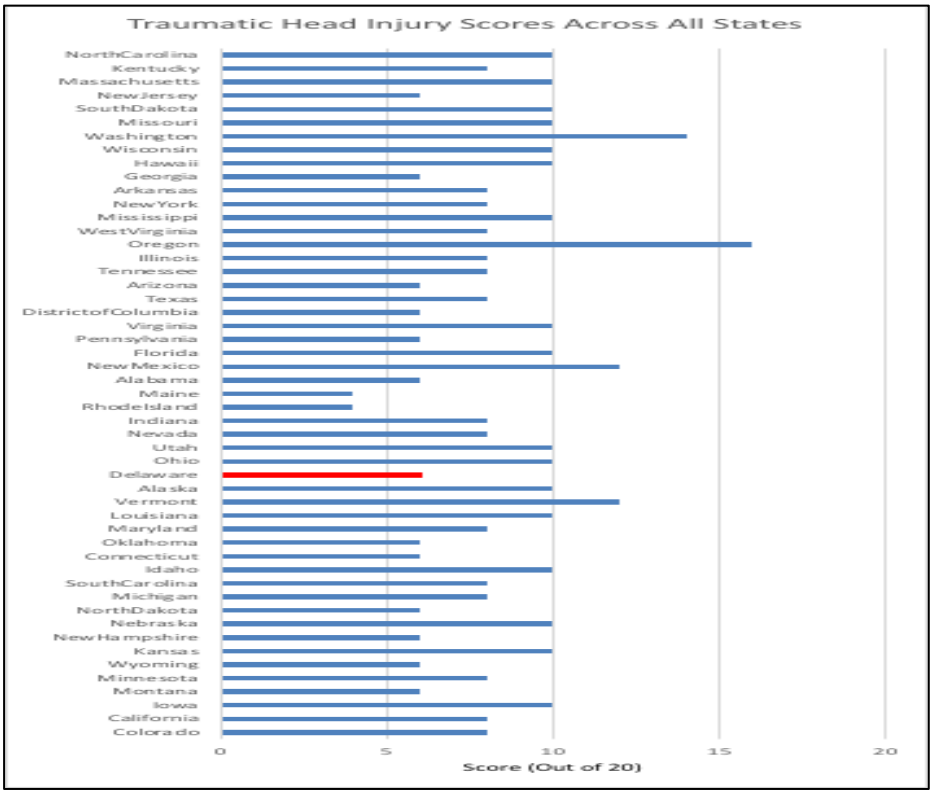


Strengths	Areas for Improvement
• Emergency Preparedness • Heat Stroke	• **Head Injuries** • Cardiac Arrest • Healthcare Coverage



Definitions:
AHCC (Appropriate Healthcare Coverage), EHS (Exertional Heat Stroke), EP (Emergency Preparedness), SCA (Sudden Cardiac Arrest), THI (Traumatic Head Injuries)

Delaware and Traumatic Head Injuries



Delaware leads the nation when it comes to emergency preparedness, and also performs well in heat stroke!

However, Delaware has room to grow with appropriate healthcare coverage, traumatic head injuries, and sudden cardiac arrest.

The area that Delaware falls the farthest behind is traumatic head injuries. Improving policies will bring Delaware into the top 15 states overall according to current rankings!

Every Day **153 People Die** From Traumatic Brain-Related Injuries.

Specific Head Injury Policies

What Can You Do?

Reach out to the Delaware Interscholastic Athletic Association (DIAA). Make sure the officials responsible for student-athlete safety are using best practices.

DIAA Executive Director
Thomas Neubauer
Email: thomas.neubauer@doe.k12.de.us

DIAA Coordinator of Interscholastic Athletics
Terre Taylor
Email: teresa.taylor@doe.k12.de.us

DIAA Administrative Assistant
Tina Bates
Email: tina.bates@doe.k12.de.us

Policies Currently in Place for Delaware

Policy 3THI: Athletes not permitted to return to activity on the same day if a concussion is suspected
Policy 4THI: Athletes not permitted to return to activity until cleared by an appropriate healthcare professional (MD, ATC, PA, APRN)
Policy 7THI: Require 4th Edition PPE forms from American Academy of Pediatrics of equivalent - Concussion

Possible Improvements for Delaware

Policy 1THI: Heads up Football training for football coaches
Policy 2THI: Heads up Football Training for all coaches
Policy 5THI: Athletes are not permitted to return to play until they fully return to school
Policy 6THI: A minimum of a 5-step graduated return to play protocol before full return to activity. No more than 2 phases in any one day. If symptoms return during any one step, athlete must regress to previous step